

May 2021 Volume 26 Number 9

WELCOME TO MAY

May is the middle of our seasonal spring change, and along with it there are changes all around us, all the time.

Our water systems are changing at the BES school and BCC Center, as the State

is re-doing the systems to give us drinkable water again. We thank Frieda Smith for all of her dedicated involvement in getting this done. The Bridgeville Volunteer Fire Department water sourcing has changed too, with two new 5,000 gallon tanks located at convenient spots in our area, thanks to Chi Chi and the CBI Grant.

Another change in our community is our awareness of fire, of our vulnerability in disasters, of being prepared with Go Bags and stored goods, of having better communications between all our small communities with telephone trees, Bridgeville and Mad River Media Watches, and up and coming Ham Radio enthusiasts. During and after the August Complex Fire last year, our residents and Bridgeville CERT members fine-tuned some of their skills in emergency situations, developing a smooth volunteer community emergency team.

And within the Center we are seeing a large change coming up with our beloved Chantal Campbell, leaving soon. We will miss her dearly. And while she is leaving the BCC, she is not leaving the community; she'll be just down the road! She has been the touchstone for BCC, in all things - community relations, financial accounting, grant financing, resident services, event coordination and working closely with our Board of Directors to meet the mission of the Center. Then to add to that, the next change is that after 4 years, I am leaving the Board this July; time to me to step down from the BCC Board and to step up to the Fire Safety Council and Teen CERT training. I want to thank the entire Board of Directors for all the work they have done over the years. Kent Stanley, Kathy Wolff, Kay Brown, Joyce Church, Laurie King, Gabe Martien and Roger Schellhaus. I can't give enough praise to each and every one of these folks who have taught me not only with their thoughts or words but their actions on how to be involved and care for our uniquely diverse community. I really had to give credit where credit is due, to Chantal Campbell as she has been the one who has inspired and educated us to make a better Board, and has been courageous and creative enough to steer the helm of this community in a truly respectful inclusive direction. My leaving will leave room for a new Board Member or two. "Many Hands make for Light Work".

Our large St. Joe's grant (CBI) is coming to the end of its three year duration, but all of the programs and projects will continue to grow. This grant has not only given us the means to meet our goal of Safety in our communities, but has been a catalyst for community connections, with CBI's workshops for our ideas and dreams and events bringing us together.

And of course, the best change is a loosening of the Pandemic. It's not over yet, but I can feel the freshness of freedom in the air. Still distancing, still washing hands, still worried but through all of this, we have all changed. Now is the time to implement those changes we all probably have been thinking about, becoming more inclusive, and being kinder.

BridgeFest changed again this year, what with being Virtual on Facebook for the 2nd year instead of Live on the Old Bridge. The energy is exploding for this 25th year of BridgeFest, starting with the monthly Drive-Thru Dinners and Pies! T-shirts are being designed, being printed with business names on the back, raffle tickets printed and sold, donors being contacted for Raffle gifts, designed cups ordered again and everyone excited to try to outdo the 2020 proceeds of more than \$11,000!

Lyn Javier, Bridgeville Community Center Chair

Job Announcement: Bridgeville Community Center is looking for a new Executive Director, see job description on page 7.

25th Anniversary BridgeFest!

HUGE RAFFLE!

TICKETS AVAILABLE MAY 15 \$5 or 5|\$20 Buy at Center or call 777-1775

COMING SOON!!

2021 T-Shirts/Sweat Shirts
& Merchandise

Who are the members of the Bridgeville Community Center Board of Directors?

Joyce Church, Clover Howeth, Lyn Javier, Lauri King, Gabriel Marien

Bridgeville Community Center Mission Statement

"The Bridgeville Community Center is dedicated to improving the quality of life for all our community members. We are committed to bringing people of all ages together to encourage good health, self-esteem, creativity, and personal development."

Bridgeville Community Newsletter

Published monthly by the Bridgeville Community Center

Attila Gyenis—Editor

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School News

by Frieda Smith



Hello Community, I have wonderful news to share, the State of California has approved the emergency grant of \$117,000.00 to fix the schools entire water system. Which includes, a new filtration system, replacing the old galvanized pipes, removing the redwood tank and slab, laying a new pad, adding 4- five thousand gallon tanks, all new valves, a new chlorination tank and pump. The work is being done by Leach Water Systems. They are actively working to set up a temporary solution to isolate the school from the water tank that is no longer holding water. We might have to limp along until school is out, for them to be able to fully tear into the system. The project timeline is eight weeks.

We are hoping to have a summer fun program and a summer school for students who need to make up work. We are all so having the main class rooms and office re-carpeted right after school is out. The last day of school is June 24th, school is going a little later in the month of June to make up days we lost during the power outages.

The school is making arrangements to welcome back Dell'Arte for some fun activities before the end of the school year. Everyone remains in good health and is doing a good job of mask wearing and hand washing daily. I will continue to keep everyone updated on the progress of the water system and when we come up with a summer schedule I will post it in the news letter. Only students who are enrolled in Bridgeville School can attend the Summer Fun Program and Summer School. Take care and be SAFE out there.



*** * ***

Greetings Friends and Neighbors,

I would like to speak to you all about serving on the BCC Board of Directors. I served on the BCC Board for six

years from 2012 to 2018. I found it to be a fulfilling and educational experience. It was a great way to really get to know my community, its strengths and assets as well as its needs. The BCC has been called the "Heart of the Community". The Board of Directors is the "Heart of the BCC" in that it is they who are charged with keeping things going.

I would encourage everyone to take their turn in serving the community in this way. You will not be alone. You will be part of a team of other Board members and, by extension, volunteers.

If you are interested but apprehensive, talk to someone who has served as a Board member, current or past. Sometimes there were hard decisions to be made but there were many celebrations of victory as well.

Sincerely, Kathy Wolff



BridgeFest Update

By Randy Krahn

There are those around that have been to every one of the **TWENTY FIVE** Annual BridgeFest Celebrations. We remember those early years of Mike Guerriero's Alien Adventures, Lena's baked goods, the school band, and wind-weary vendors. The years went by and our community kept right on celebrating our Outer Space connections and raising lots of money for the Bridgeville Community Center. Local businesses and individuals saw the benefit of supporting our annual celebration on the Old Bridge.

And so it continues, with our 25th Annual BridgeFest and Huge Raffle drawing to be held virtually on August 21, 2021. Many hours of volunteer help already has been given towards all that is BridgeFest. The donated prizes for the Huge Raffle are being collected and the Raffle Tickets are being printed. Thanks to Redwood Capital Bank for helping with printing costs.

Also, remember to order the **delicious dinners** and tasty home-made pies every month.

We now give a big **thank you** to these current Raffle supporters:

- Swains Flat Garden Center has given us \$500 to cover our festival expenses.
- Swains Flat Garden Center also has donated a tote of soil to the Raffle
- Pierson Building Center always comes through with support: Two \$200 Gift Cards
- Bear River Hotel and Casino Resort continues to support BCC with a Two Night Stay, Dinner for Two, and \$100 cash
- Sequoia Park Zoo provides an Annual Family Membership to our gem of a zoo in Eureka
- Western Chainsaw of Eureka has provided a Stihl MSA 140-C Battery Chainsaw Worth \$350. This is a "must have" for us homesteaders!
- Of course, there is the very popular \$300 Local Shopping Spree
- And we proudly honor the talented creators of the Beautiful and Unique BridgeFest Handsewn Quilt

The **Huge Raffle tickets** will be on sale soon. Over 70 individual prizes will be awarded.

It is **your** support for **your** Community!





Call 777-1775 to Pre-Order by Tues May 18
A BRIDGEFEST FUNDRAISER



Healthy Spirits

By Lauri Rose, RN BSN HNB-BC

To mask or not to mask, that is the question:

Whether 'tis nobler in the body to suffer the slings and arrows of long-haul covid (and the minor inconvenience of trotting back to your car for your forgotten mask), or to take arms against the virus ridden air and by masking oppose those spike laden beasties.

Yes, I know – we are all so! tired of masks and distancing. But, take heed of states like Michigan that early left the mask and distance behind. They surged and their hospitals became overwhelmed. Their death rates soared. The early bird may get the worm but the early worm gets eaten. Those states have not helped their economies by killing off consumers and creating a class of disabled covid long-haulers.

We are in a race with the virus. The germ is trying to find some suitable and susceptible respiratory tract in which to cozy down and mutate a way around our vaccine prompted immunity. It couldn't care less that it is maiming and killing us, it simply has a mindless drive to replicate and will keep changing it's shape to foil our antibodies. But, it can't mutate if it doesn't have a host to mutate in. So, until enough of us are vaccinated and we reach heard immunity, lets continue to foil the little buggers and not give them any way to float from one respiratory tract to another.

You think masks and social distancing aren't effective? Ask the companies making all the cold remedies that languished on the pharmacy shelves this winter. The amount of flu and normal colds plummeted this year. All those social precautions we took against COVID worked against other diseases also. Without a doubt these simple public health measures flattened the curve and saved the lives of many people. But, it isn't over yet. The goal is in sight but the other team still has the ball. Or spike, if you'd rather.

To save ourselves and our neighbors it is going to take all of us to keep masking, to keep being wary of poorly ventilated indoor settings and to keep washing our hands. Every person who gets infected with COVID-19, whether they know they have the disease or not, gives the virus a cozy home in which to mutate. Every time the virus can't jump from one host to the other, our team wins. Masks make that happen.

One last word of caution. There are masks, and there are pieces of cloth that look like masks. Make sure your mask is two or three layers of tightly woven fabric and fits snugly against your face. Where there are gaps between your face and your mask, unfiltered air will enter. The virus can ride that unfiltered air right down into your lungs. A piece of sequined lace is pretty and blingy but it is not a mask, it's an insult to everyone who is trying to stop the virus.

And yes, get vaccinated. If you pay attention to odds you should know, you're less likely to get a serious vaccine reaction than getting COVID.





The Basket contains
1 night hotel stay at Bear River Resort,
A 4hr Patio Boat rental at Ruth Lake Marina
and a \$100.00 gift certificate for Costco.

The basket raffle tickets are \$1.00 for 1 or \$5.00 for 6.

The drawing will be on May 7th at noon.

The winner will be announced in the cafeteria and notified by phone, you need not to be present to win.



Buy your tickets from any Van Duzen student, Thank you!

For more information please contact: Susan Bray 574-6291 or sbray@stjusd.org

No bird soars too high if he soars with his own wings.

- William Blake

Please spay and neuter your pets. Need help getting your cat fixed? Call 442-SPAY





"Dear MFP" (*Master Food Preserver*)

By Dottie Simmons



Can I reuse jars & lids for canning?

Give the scarcity of canning supplies, people are asking about re-using lids and jars. What happened? So many folks stayed home last year due to Covid-19, many began gardening and canning for the first time. Increased demand and Covid-related slow down in manufacturing and shortages in raw materials added to it.

Mason-type canning jars are the best choice for home canning. They may be reused successfully many times, requiring only new lids. Check the jar rim for cracks or chips. Chipped jars can be used to store dry goods, such as pasta or dried fruit, but will not seal and may break when canning.

Glass pint or quart size mayonnaise jars may be used with new two-piece lids for canning acid food, but have more seal failures and breakage and are **never** recommended when pressure canning.

Occasionally someone gives away old canning jars. Wash, then sanitize these jars by placing on a rack in a canning kettle, covering with water and boiling for 30 minutes. Soaking in water with 1 cup of vinegar added for several hours can help remove hard water stains.

As to lids, it is **NOT** recommended to re-use the standard metal jar lids. The **only** *recommended* closure for home canning are **new** metal lids.

Re-usable lids, such as Tattler®, 4ever Recap, or Harvest Guard, consist of a flat plastic or glass lid, a gasket, and jar ring. These lids have had mixed reviews and are not recommended by the USDA. If you use these lids, carefully follow the manufacturer's instructions. For the reusable lid-gasket-band combo there are additional steps to ensuring a good seal: when you apply lids and screw on the bands, you MUST then unscrew the band a quarter turn. This ensures enough space for hot air to escape from the jar during processing. Then, when jars have finished processing and you've removed them to the counter, quickly give all the bands a good, quick tighten bringing the rubber seal into firm contact with the rim of the jar, allowing an airtight seal to form.

Be careful buying lids online as some secondrate lids have been showing up. Some are made from thinner metal, which can buckle during processing and do not seal consistently. Try to get name brand lids. Also, as with chipped jars, you can re-use clean, unbent lids for freezing food in jars or storage of dry goods.

So get supplies when you can, can what you are able, and consider freezing or dehydrating everything else!



Wildfire Season is just around the corner...

The Bridgeville Volunteer Fire Department and Bridgeville's Community Emergency Response Team (CERT) would like for our community's families and residents to be prepared for wildfire season. Lyn Javier, our CERT leader and Disaster Preparedness enthusiast, would like for everyone to follow Ready, Set, Go!

These three important, life-saving steps are the actions you need to take to be equipped for wildfires.

- 1. Be Ready: Create and maintain a defensible space and harden your home. 100 ft. defensible space is required around your home. Examples of hardening your home include cleaning your gutters, extra water supply & making sure your address is clearly visible from the road.
- 2. Get Set: Prepare your family for possible evacuations. Create a wildfire action plan, assemble an emergency supply kit, and fill out a family communication plan.
- 3. Be Ready To Go: Take the evacuation steps necessary to give you and your family & home the best chance of survival. Create a Pre-evacuation checklist for both inside and outside your home, review your checklist and go when immediate evacuation is necessary.

For more information, please grab Living With Wildfire from the Bridgeville Community Center and/ or the Bridgeville Fire Department.

The next BVFD monthly meeting will be held at 6:00pm on Tuesday May 4th at either the Community Center or our Fire Department.

-Rachel Capistrano (BVFD) and Lyn Javier (CERT)

REDUCE, REUSE, RECYCLE



ARE WE CRAZY OR WHAT?

(BACK TO THE LAND in our 60's and beyond)

Barn Raising and Neighborliness

When we first moved up here to be *gentlewomen* farmers, we both had in our minds stories of Barn-Raisings; of neighbors getting together, eating chili and corn bread, listening to fiddle music and building a barn or shed or porch in one day. Yippee! Yahew! We gonna' get us a home the frontier way! Yessiree. So, we put up a tent and started building a little room to stay the winter in until spring, when the house would be put up with help from neighbors and people miles away. What a good, good life.

Oops! We found out quick that we are too late for Barn-Raising. As we started to get to know the community and talking to them about building a house, a barn, a chicken coop, whatever....they all looked at each other and laughed their heads off. Well, they started building 30 years ago, when in their 20's and 30's. There were more people to ask for help back then, and lots got together to build things and set up wood-burning hot tubs....those were the days, but about 20⁺ years ago. Now those people have either moved down the hill or hurt their back so bad they are no good to lift a 2X4. And the able left out here in the wilds are a few young folk who are wonderful, fun, family people; hardworking...but these days their time is spent trying to make a living in a world that costs more and asks for more.

That's so true. And we are okay with it; we have built our home with ingenuity and patience. We are just so glad we know and enjoy these several generations of folk out here. Some came here as Hippies and still are, some inherited their family business, or came to log, ranch and garden. And the younger generations are either carrying on as their parents did, or have newly arrived to be part of this mountain community.

We are all in this together.

Okay, so we came a little late in time to Barn-Raise. But in return we have found friends and neighbors who would drop everything to help if need be. Like split wood, or lift something really, really heavy, or provide a jumper for our battery or till the garden when we can't, or give us a ride, or adopt our last chicken, or feed the cats.

Well, after all of that sober reminiscing, it's back to the garden to plant peas, carrots and onions. We decided not to plant potatoes this year as we already see wild crops pop up. All the seeds are sprouting in the greenhouse, the grasses are greening up and summer is coming! Have a good one!

Kate McCay and Lyn Javier
TwoCrones Ranch, Larabee Valley

TRCCG News

Two Rivers Community Care Group

Caring for someone at home can become overwhelming. Making the decision to move the person to some type of long-term care facility is always hard but, sometimes it's the best thing to do. It should not be looked upon as a failure. It's just adjusting to an unwanted reality and doing the right thing even though it is super-hard and filled with guilt.

The upside is, when we are relieved of the constant worry of caregiving we are able to go back to being the spouse, child, or sibling we are supposed to be. Sharing the caring allows us to open up again to all the love we feel.

Choosing the level of care a person needs can be confusing. Should you look at Board and Cares (B&C), Assisted Living Facilities (ALF) or Skilled Nursing Facility (SNF, aka nursing home)? What to choose depends on the level of care needed and the financial situation of the person needing care.

SNFs provide care for people with short-term acute medical needs. They do not provide long-term custodial care. If Grandma has dementia which is unmanageable at home but, she is otherwise hale and hearty, she doesn't have *medical* needs and would not qualify for a SNF. However, if she broke her hip she would qualify because she needs physical therapy for rehabilitation. California has some exceptions that allow some people to receive custodial care. Please call the Senior Resource center in Eureka for more information about who qualifies for SNF care.

Board and Cares (B&C) and Assisted Living Facilities (ALF) have similar services and mainly differ in size and price. They are both licensed and regulated through the Department of Social Services. Board and Cares are generally just a few rooms in a regular house and the owner often lives in the same home, though one person may own many homes as a business. B&Cs offer a room, housekeeping services and meals. They rarely offer an onsite nurse. They usually have a base rate somewhere between \$1,200 and \$5,000 a month and then have added fees for services like laundry, transportation or help managing medications.

ALFs are generally larger with more residents and will often have a nurse on staff, at least during the day-time. They usually offer small apartments with minimal supervision for a base rate and then add on fees for services like laundry, medication management, meals, etc. Sequoia Springs and Timber Ridge are examples of assisted living. ALF's generally cost more than a B&C (\$5,000-\$10,000) but offer more professional supervision and extras like recreation and exercises classes. They generally have a better staff to resident ratio. They often have special memory care units for people with dementia. Some allow small pets, some don't.

Next month, how to chose a Long-Term Care Facility.

Thank You

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for making the newsletter possible.

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To be a sponsor for this newsletter, please send a contribution of \$25 or more to BCC, or through our website via paypal:

Bridgeville Community Newsletter P. O. Box 3, Bridgeville, CA 95526

For Information, contact BCC at (707) 777-1775



Good Kind Bridge - AA Group, Bridgeville Thursdays, 5 to 6 PM (to Oct 15)

- "Living Sober Meeting"
- on the old bridge, park by the Post Office, bring a 5 gal Bucket to sit on!

Job Announcement

Executive Director Bridgeville Community Center

Permanent year-round position, approximately 30 hours per week, salary negotiable.

Bachelor's degree in social work, education, public health, community development, or related field preferred.

Two years minimum relevant paid work experience required. Additional paid work experience may be considered in lieu of education

General responsibilities

- 1. Working with the Board in order to fulfill BCC mission and strategy. Timely communication and interaction with Board at Board meetings.
- 2. Developing resources to enable financial health of BCC. Grant writing, fundraising.
- 3. Working with board, staff and volunteers to fulfill programs, strategy, community services and outreach.
- 4. Active in community and complementary organizations. Working closely with Bridgeville Elementary School.
- 5. Effective, organized administration of operations, including staff and volunteers.
- 6. Responsible for fiscal management and reporting. Planning and preparing Budget, financial statements.
- 7. Have excellent computer skills including word processing, publishing, and data entry. Must have working knowledge of Quickbooks for Nonprofits.
- 8. Must write and communicate effectively.
- 9. Must be able to establish rapport with diverse clientele and maintain confidentiality

Contact BCC at 707 777-1775 for a complete job description and application. Available immediately.

Sign up for COVID Vaccines at 'My Turn'

Residents age 18 and over wanting a COVID vaccine can go to MyTurn.ca.gov to schedule an appointment or contact your health provider.



Carol Ann Conners License OE79262

Greg Conners License 0488272

Patterson/Conners Insurance Services 1040 Main Street, Fortuna CA 95540 707-725-3400

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POSTAL CUSTOMER

Kindness is Hope

May 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	W Call 1 (on't Start Smol 800) NO BU			1	
2	3	BVFD monthly meeting will be held at 6:00pm	5	6 BCC Board Meeting 3:30	7	8
9 Happy Wother's Day	10	11	12	13	14	15
16	17	Last day to Order Drive-thru dinners.	19	20	21 - Drive-thru Dinner 5-6pm - BCC USDA Food Pantry, 10am-4pm	22
23	24	25 BCC Mobile Food Pantry @ Dinsmore, 8:30 am-11:00am	26	27	28	29
30	31 Memorial Day					

WEEKLY:

Mondays: BCC CLOSED

Thursdays: Cancelled - Community Potluck Brunch

BCC Board Meeting on first Thursday of month at 3:30pm

www.BridgevilleCommunityCenter.org

